



BC FARMERS' MARKET NUTRITION COUPON PROGRAM

How to Use Your Farmers' Market Coupons

You can use your coupons with participating vendors at your local farmers' market. Visit bcfarmersmarkettrail.com/markets to find out more about your local farmers' market.



**Look for
these signs**



About the Coupons

- ◆ Coupons can be used until your market closes for the season or until **December 21, 2025**—whichever comes first.
- ◆ Vendors **cannot give change** for coupons.
- ◆ Coupons **cannot be sold or traded**.
- ◆ If you don't use all your coupons, please return them to your community partner.

Questions? Ask your farmers' market organizer or contact us, the BC Association of Farmers' Markets:



nutrition@bcfarmersmarket.org

What Can You Buy with Coupons?

Green Coupons



**FRESH VEGETABLES,
FRUITS, AND HERBS**



DAIRY AND EGGS



**VEGETABLE AND
FRUIT PLANTS**



NUTS

Blue Coupons



**FISH, SEAFOOD,
AND MEAT**



**FRESH VEGETABLES,
FRUITS, AND HERBS**



DAIRY AND EGGS



**VEGETABLE AND
FRUIT PLANTS**



NUTS

Yellow Coupons



HONEY



**FISH, SEAFOOD,
AND MEAT**



**FRESH VEGETABLES,
FRUITS, AND HERBS**



DAIRY AND EGGS



**VEGETABLE AND
FRUIT PLANTS**



NUTS

Coupons CANNOT Be Used To Buy



Coupons can't be used to buy **FOODS THAT ARE PREPARED OR PROCESSED**. This includes things like dried fruit, jams, pickles, sandwiches, bread, baked goods, or beverages.