

Greens madahong gulay

arugula	arugula
bok choy	pechay
swiss chard	pehchay baguio
lettuce	litsugas
mizuna	mizuna
vegetable mustard	mustasa
spinach	kulitis

Squashes Kalabasa

pumpkin	dilaw na kalabasa
zucchini	zucchini

Other Vegetables Ibang Gulay

artichoke	artichoke
asparagus	asparagus
celery	kintsay
corn	mais
fennel	haras
cucumber	pipino
peas	gisantes
tomato	kamatis
mushroom	kabute
bell pepper	siling pula
eggplant	talong
beans	patani
green beans	baguio beans



Please submit corrections or request additional words and languages to: nutrition@bcfarmersmarket.org

We thank MOSAIC, one of our Farmers Market Nutrition Coupon partners, for engaging the assistance of their staff and clients to help improve our translations.



FRUIT Prutas**Tree Fruit** Bunga ng Puno

quince	halaman ng kwins
apple	mansanas
apricot	aprikot
cherry	saresa
kiwi	kiwi
nectarine	nektarina
peach	milokoton
pear	peras
plum/prune	duhat/ pinatuyong plum

Berries Berries

blackberry	lumboy
blueberry	bluberi
cranberry	sarsang
currant	kurant
gooseberry	gooseberry
grape	ubas
huckleberry	huckleberry
raspberry	prambuwasas
saskatoon berry	berry
strawberry	presa

Other Fruit

melon	milon
rhubarb	ruwibarbo

VEGETABLES Mga Gulay**Root Vegetables** Ugat na Gulay

beet	remolatsa
burdock root	ugat ng burdock
carrot	karot
garlic	bawang
leek	dahong sibuyas
parsnip	singkamas
potato	patatas
radish	labanos
onion	sibuyas
shallot	maliit na sibuyas
jerusalem artichoke	artichoke
rutabaga	rutabaga
turnip	singkamas

Cabbages Repolyo

broccoli	brokuli
cauliflower	kuliplor
green cabbage	repolyo
kohlrabi	Kohlrabi
red cabbage	Pulang repolyo
brussel sprout	maliit na repolyo
collard greens	pechay
kale	kale