

FMNCP Coupon Mailing for Markets

Please mail us your redeemed coupons every 2 months

- June and July
- August and September
- October and November
- December

***Once your market is closed for the season, please mail us the rest of your coupons as soon as possible. ***

Steps for mailing:

- Separate your coupons for each week and label them with the stickers provided. If you don't have our stickers, you can make your own labels with sticky notes etc. Please make sure these bundles are secure and won't come apart in the mail.
- Fill in your provided packing sheet and include it in your package. If you don't have your packing sheets you can print them [here](#).
- Bundle your coupons for the month/s and pack carefully.
- Apply your prepaid shipping label and fill in a return address. If you're short on labels you can print them [here](#). Please only print as needed as these cost us money each time you print!
- Visit your local post office and ship!

If you ever have any questions about this process you can reach out to your regional coordinator or email nutrition@bcfarmersmarket.org.