

**Greens አረንጓዴዎች**

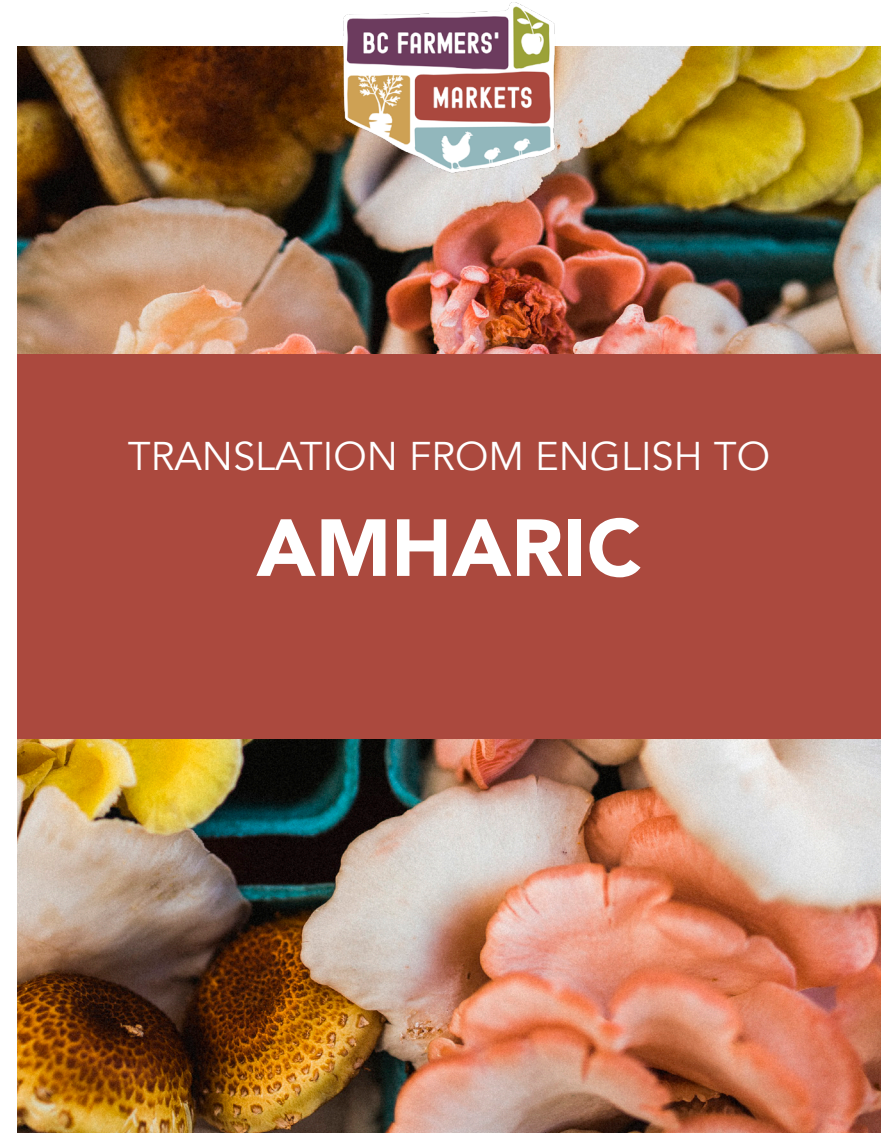
arugula	አሩጉላ ሰላጣ
bok choy	ቦክቶይ
swiss chard	የስዊስ ጎመን
lettuce	ሰላጣ
mizuna	ሚዙና
vegetable mustard	የአትክልት ሰናፍጭ
spinach	ስፒናች

**Squashes ስኳሽ**

pumpkin	ዱባ
zucchini	ዝኩኒ

**Other Vegetables ሌሎች አትክልቶች**

artichoke	አርቲቶክ
asparagus	አስፓራጊስ
celery	ሴሊሪ
corn	ቦቆሎ
fennel	ፈነል
cucumber	ኩኩምቦር
peas	አተር
tomato	ቲማቲም
mushroom	ኢንጉዳይ
bell pepper	የፈረንጅ ቃርያ
eggplant	አበርጂን
beans	ባቄላ
green beans	ፋሶሊያ



Please submit corrections or request additional words and languages to: [nutrition@bcfarmersmarket.org](mailto:nutrition@bcfarmersmarket.org)

We thank MOSAIC, one of our Farmers Market Nutrition Coupon partners, for engaging the assistance of their staff and clients to help improve our translations.



**FRUIT**    **ፍራፍሬ**

**Tree Fruit**    **የዛፍ ፍሬ**

quince	ኸንሰ
apple	ፖም
apricot	አፕሪኮት
cherry	ቼሪ
kiwi	ኪዊ
nectarine	ኔክታሪን
peach	ኮክ
pear	ፔር
plum/prune	ፕሎም/ ፕሪም

**Berries**    **ቤሪ**

blackberry	ብላክቤሪ
blueberry	ብሉቤሪ
cranberry	ክራንቤሪ
currant	ከራንት
gooseberry	ኦንጆሪ
grape	የወደን ፍሬ
huckleberry	ሀክልቤሪ
raspberry	ራዝቤሪ
saskatoon berry	ሳስካቱን ቤሪ
strawberry	ኦንጆሪ

**Other Fruit**    **ሌላ ፍሬ**

melon	ሐብሐብ
rhubarb	ሩባርብ

**VEGETABLES**    **አታክልት**

**Root Vegetables**    **ሥር አትክልቶች**

beet	ቀይ ሥር
burdock root	ቡርዶክ ሥር
carrot	ካሮት
garlic	ነጭ ሽንኩርት
leek	የፈረንጅ ሽንኩርት
parsnip	ፓርስኒፕ
potato	ድንች
radish	ራዲሽ
onion	ሽንኩርት
shallot	የአበሻ ሽንኩርት
jerusalem artichoke	አየሩሳሌም አርቲሻክ
rutabaga	ሩታባጋ
turnip	ተርኒፕ

**Cabbages**    **ጥቅል ጎመን**

broccoli	ብሮኮሊ
cauliflower	አበባ ጎመን
green cabbage	አረንጓዴ ጥቅል ጎመን
kohlrabi	ኮልራቢ
red cabbage	ቀይ ጎመን
brussel sprout	ብራስልስ ቡቃያ
collard greens	ጎመን
kale	ቆስጣ