

FMNCP 2025 Coupon Mailing for Markets

Please mail us your redeemed coupons every 2 months

- June and July
- August and September
- October and November
- December

*****Once your market is closed for the season, please mail us the rest of your coupons as soon as possible. *****

Steps for mailing:

- Separate your coupons for each week and label them with the stickers provided. If you have lost your stickers, you can make your own labels. Labeling your coupons with which week they're from is VITAL. Please make sure these bundles are secure and won't come apart in the mail.
- Fill in your provided packing sheet (green) and include it in your package. If you have misplaced your packing sheets you can print new ones [here](#).
- Bundle your coupons for the month/s and pack carefully.
- Apply your pre-paid shipping label to your package. **Be sure to fill in your return address.**
- If you have misplaced your shipping labels you can print them [here](#). Please only print as needed as these cost us money each time you print!
- Visit your local post office and ship!

If you ever have any questions about this process, you can reach out to your regional coordinator or email nutrition@bcfarmersmarket.org.